

# BI-POLAR DISORDER SUPPORT GROUP

## WHEN

**Every 4<sup>th</sup> Thursday  
6pm – 7:15pm**

## WHERE

**7 Nightingale's Center**

**410 Mill Street, Suite 104A, Mount Pleasant, SC  
located on Shem Creek**

**Having a diagnosis of bi-polar disorder can feel limiting, and make you feel alone. Come join a group of people who understand your struggle in a safe, confidential atmosphere of non-judgment.**

**Register on-line**

**[www.7nightingales.com/events-schedule/calendar-and-rsvp/](http://www.7nightingales.com/events-schedule/calendar-and-rsvp/)**

**SUPPORT GROUP  
FOR ADULTS  
WITH BI-POLAR  
DIAGNOSES**

## COST

**\$10 a group session to  
reserve your seat, each  
month.**

## SPONSORS

**To be announced**

## FACILITATOR

**Sarah Cherry, LPC-I**



**Sarah has experience  
helping those with broad  
spectrum mental disorders  
in both individual and  
group settings.**