



**Sarah Cherry, MA**  
**Licensed Professional Counseling Intern**  
**CACREP certified clinician**

Sarah Cherry is a CACREP certified Clinical Mental Health Counselor (CMHC) and LPC-I. She practices in Mount Pleasant, South Carolina. Originally from Florida, she has a master's degree in Clinical Mental Health Counseling from a CACREP certified institution. When not working in private practice she is a program manager for a mental health social entrepreneurship dedicated to providing information, evidence-based training, and networking opportunities to professionals in the Charleston area. Her experience includes working with broad spectrum mental disorders as well as a specialization in working with Post Traumatic Stress Disorder (PTSD) and other trauma related disorders. Issues arising with PTSD include complicated grief and bereavement, substance use and abuse, and mood disorders. She is a VA Hospital trained clinician, having facilitated individual and group counseling for Veterans. She is also a trained Forensic Interviewer, having worked with victims of physical and sexual abuse.

Sarah provides most treatment services in a traditional in-office setting located on Shem Creek in Mount Pleasant, and utilizes evidence-based treatment approaches as well as supportive counseling. Exposure therapies are explored in less traditional settings, in order to meet clients' needs for combatting avoidance. She is also currently accepting new clients and client referrals. Self-pay only. Sarah will also consult with new or potential clients free via e-mail and phone call. She can be reached by phone, (239)823-6694 and by e-mail [cherry.sarah.lpc@gmail.com](mailto:cherry.sarah.lpc@gmail.com)

- Alcohol and Substance Abuse
- Anger Management
- Physical and Sexual Abuse
- Domestic Violence
- Moral Injury
- Military and First Responder Trauma
- Military Sexual Trauma
- Combat Related Trauma
- Personality Disorders
- Childhood Trauma
- Anxiety
- Depression
- Mood Disorders

Cognitive Behavioral Therapy (CBT)  
Motivational Interviewing (MI)  
Solution Focused Brief Therapy (SFBT)  
Acceptance and Commitment Therapy (ACT)  
Cognitive Processing Therapy (CPT)  
Prolonged Exposure (PE)  
In Vivo Exposure  
Multimodal Therapy (MMT)